



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Orientation/Induction Program

M.Phil. Clinical Psychology

Session: 2021-2023



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Department of Clinical Psychology

Faculty of Behavior Sciences

Orientation/Induction Program

M.Phil Clinical Psychology (Batch: 2021-23)

Date – 9/09/21 to 11/09/21

Time – 10 am to 1 pm

Venue – Room No. 207, Second Floor, SGT Hospital



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Day 1 – 09/09/21, Thursday

Brief Profile of Speaker: Dr. Prerna Sharma, Clinical Psychologist and Faculty in Department of Clinical Psychology, Centre for Excellence in mental health at Dr. Ram Manohar Lohia Hospital, Delhi. Her current work involves teaching, training and supervising M.Phil. Clinical Psychology students and attending OPD and IPD.

Organizers: Department of Clinical Psychology, Faculty of Behavioral Sciences.

Report of the Event :

a) **Introduction:** Day 1 of the orientation program for M.Phil. Clinical Psychology – 1st year (Session 2021-2023) would help the students in getting acquainted with the department as well as fellow classmates, seniors and faculty members. “Expert lecture on Supervision in Clinical Psychology” on day 1 of the event would make way for an enriching and exciting journey for the new batch of enthusiastic trainees.

b) **Objective of the Event:**

- 1) To orient students about Department of Clinical Psychology, Faculty of Behavioral Sciences.
- 2) To conduct a Ice breaking session to create better rapport between new trainees and other department members.
- 3) To enable the students about the “**Supervision in Clinical Psychology**”.

c) **Brief content of lecture- started with intro, ice breaking, supervision**

Day 1 of orientation program for M.Phil. Clinical Psychology – 1st year (Session 2021-2023) was started with the welcome of new batch by Dr. Vikas Punia, Assistant Professor, FBSC as he familiarized the new batch with SGT University. At first, the new batch introduced themselves following which Ice Breaking sessions were conducted by M.Phil. Second year students. The new trainees thoroughly enjoyed these session as they interacted with fellow classmates and senior trainees. Following light refreshment, an expert lecture on “Supervision in Clinical Psychology” was conducted. The Resource



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person of the event was Dr. Perna Sharma, Clinical Psychologist and Faculty in Department of Clinical Psychology, Centre for Excellence in mental health at Dr. Ram Manohar Lohia Hospital, Delhi. The lecture started with the welcome of the resource person followed by an interactive session with the students. The resource person highlighted the need of clinical supervision, various tenets of clinical supervision, challenges faced by the supervisor and supervisee, ethical and legal issues involved in clinical supervision. The students learned a great deal and the lecture ended with an insightful question answer session. Day 1 of orientation ended with a vote of thanks by Dr. Vikas Punia, Assistant Professor, FSBC and at last the resource person was felicitated by Dr. Waheeda Khan, Professor in Psychology, SGT University.



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Screenshots of Webinar/ Picture of Event:

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DEPARTMENT OF CLINICAL PSYCHOLOGY
FACULTY OF BEHAVIOURAL SCIENCE

is organising

An Expert Lecture on
SUPERVISION IN CLINICAL PSYCHOLOGY

09th September, 2021 | 11:30 am to 01:00 pm

Venue: Room No-207, SGT Medical College Hospital and Research Institute

WEBINAR

Speaker


Dr. Perna Sharma
Clinical Psychologist and Faculty
Department of Clinical Psychology
Center for Excellence in Mental Health
Dr. Ram Manohar Lohia Hospital, New Delhi

Organizers


Prof. (Dr.) Rajbir Singh
Dean, Faculty of Behavioural Sciences
SGT University


Dr. Vikas Punia
Assistant Professor
Department of Clinical Psychology
SGT University


Ms. Chandani Pandey
Assistant Professor
Department of Clinical Psychology
SGT University

Figure 1: Banner for the expert lecture of Dr. Perna Sharma, Clinical Psychologist, RML Hospital, New Delhi.



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Figure 2: Students interacting with seniors and batch mates.

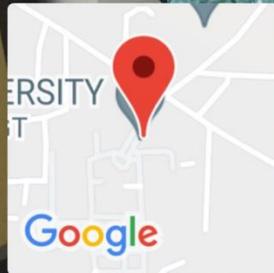


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Gurugram, Haryana, India

Gurgaon-Badli Road Chandu, Budhera, Gurugram, Haryana 122505,
India

Lat 28.478447°

Long 76.903923°

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Figure 3: FBSC Faculty and new trainees during the Ice Breaking sessions.



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Gurugram, Haryana, India

Gurgaon-Badli Road Chandu, Budhera, Gurugram, Haryana 122505,
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Long 76.903923°

09/09/21 10:31 AM

Figure 4: Students interaction during the Ice Breaking sessions.



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Figure 5: Expert Lecture on “Supervision in Clinical Psychology” by Dr. Perna Sharma.



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Figure 6: Vote of Thanks by Dr. Vikas Punia, Assistant Professor, FBSC.



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List of participants



Faculty of Behavioural Sciences
Department of Clinical Psychology

Attendance of Orientation / Induction Program and Expert lecture on “Supervision in Clinical Psychology”

Date: 09th September 2021

S.No	Faculties Name	Signature
1	Dr. Purna Sharma, Resource Person	<i>Purna</i>
2	Dr. Vikas Punia	<i>Vikas</i>
3	Ms. Chandani Pandey	<i>Chandani</i>
4	Ms. Simmy Rohilla	<i>Simmy</i>
M.Phil. 2nd Year In Clinical Psychology		
S.No	Students' Name	Signature
1	AARUSHI SHARMA	<i>Aarushi</i>
2	FALAK	
3	NIHARIKA GARGYA	<i>Niharika</i>
4	NISHTHA	<i>Nishtha</i>
5	TANVI ARNEJA	<i>Tanvi</i>
6	SAKSHI MEHTA	<i>Sakshi</i>
7	SANJINA BOSE	<i>Sanjina</i>
8	TAGE MUNYA	<i>Munya</i>
9	SHIVANGI AGRAWAL	<i>Shivangi</i>
10	ANMOL DHIMAN	<i>Anmol</i>
M.Phil. 1st Year In Clinical Psychology		
1	ADITI SHARMA	<i>Aditi Sharma</i>
2	MEGHNA GUPTA	<i>Meghna</i>
3	ANKITA SHARMA	<i>Ankita Sharma</i>
4	ARUSHI KUMARI	<i>Arushi Kumari</i>
5	YASHASVI	
6	TAMANNA SINGH	<i>Tamanna</i>
7	DEEPANSHI KACHARIA	<i>Deepanshi</i>
8	KRITIKA AHUJA	<i>K. Ahuja</i>
9	VAISHALI ARORA	<i>Vaishali</i>
10	MUSKAAN MAKKAR	<i>Muskaan</i>



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Day 2 – 10/09/21, Friday

Brief Profile of Speaker: Prof. (Dr.) Hitesh Khurana is a Professor at Department of Psychiatry, Institute of Mental Health (IMH) Pt BD Sharma (PGIMS), (UHS) Rohtak. He is currently also running Geriatric Psychiatry clinic and Geriatric consultation liaison Psychiatric clinic, since 2016.

Report of the Event :

a) **Introduction:** Day 2 of the orientation program for M.Phil Clinical Psychology – 1st year (Session 2021-2023) aimed at guiding and enlightening the students about the Rehabilitation Council of India. Also, students were given brief overview about research, case study and Report writing followed by quiz on Mental health. Webinar on “Suicide risk assessment and prevention; where do we stand?” was also conducted by Prof.(Dr) Hitesh Khurana, Professor of Psychiatry, IMH, Rohtak.

b) Objective of the Event:

- 1) Brief overview about Rehabilitation Council of India.
- 2) Research orientation, Case Study and Report writing.
- 3) Mental Health Quiz
- 4) Webinar on “Suicide risk assessment and prevention; where do we stand?” was also conducted by Prof.(Dr) Hitesh Khurana.

c) Brief content of Webinar-

Day 2 of orientation program for M.Phil. Clinical Psychology – 1st year (Session 2021-2023) was started with the welcome of new batch by Dr. Vikas Punia, Assistant Professor, FBSC followed by a brief session on Rehabilitation Council of India. It was an interactive session and students were made familiar with the working of RCI. The session was really insightful for the new trainees. Later another lecture was given by Ms. Simmy Rohilla, Assistant Professor, FBSC on Research Orientation, Case Study and Report writing. Following light refreshment, Mental health quiz was being arranged and hosted by 2nd M.Phil. Trainees where the new trainees participated and enjoyed the learning



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session. After this fun activity, on the occasion of World Suicide Day a webinar was conducted by Prof. (Dr) Hitesh Khurana on the topic **“Suicide risk assessment and prevention; where do we stand?”**

The Resource person of the webinar was Prof. (Dr) Hitesh Khurana,. The webinar started with the welcome of the resource person followed by discussing the importance of Suicide risk assessment and how it can be prevented. The agenda of the year 2021 is “Creating Hope through Actions”. The resource person highlighted the need for early risk assessments, tools that can be used to assess, managing emotional reactions, protective factors and suicide epidemiology. Also he briefly discussed the prevention strategies that can be used. The students learned a great deal and the lecture ended with an insightful question answer session. Day 2 of orientation ended with a vote of thanks by Dr. Vikas Punia, Assistant Professor, FSBC SGT University.



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PSYCA

DEPARTMENT OF CLINICAL PSYCHOLOGY
FACULTY OF BEHAVIOURAL SCIENCE

is organising a

WEBINAR on

WORLD SUICIDE PREVENTION DAY

Topic

Suicide Risk Assessment & Prevention: Where Do We Stand?

Link: <https://bit.ly/3zTvb61>

10th September, 2021 | 11:30 am to 01:00 pm

WEBINAR

Speaker


Dr. Hitesh Khurana
Professor, Department of Psychiatry
Institute of Mental Health (IMH)
Pt BD Sharma (PGIMS), (UHS), Rohtak

Coordinator


Ms. Simmy Rohilla
Assistant Professor
Faculty of Behavioural Sciences, SGT University

Moderator


Ms. Aarti
M.Sc. Clinical Psychology IInd Semester
Department of Clinical Psychology
SGT University


Ms. Anmol Dhiman
M.Phil Clinical Psychology – IInd Year
SGT University

Figure 7: Banner of the webinar of Suicide Risk Assessment & Prevention: Where do we stand?



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Gurugram, Haryana, India

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Figure 8: Brief lecture on Research orientation, Case study and report writing by Ms. Simmy Rohilla, Assistant Professor.



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Figure 9: Students and Faculty members during Mental Health Quiz.



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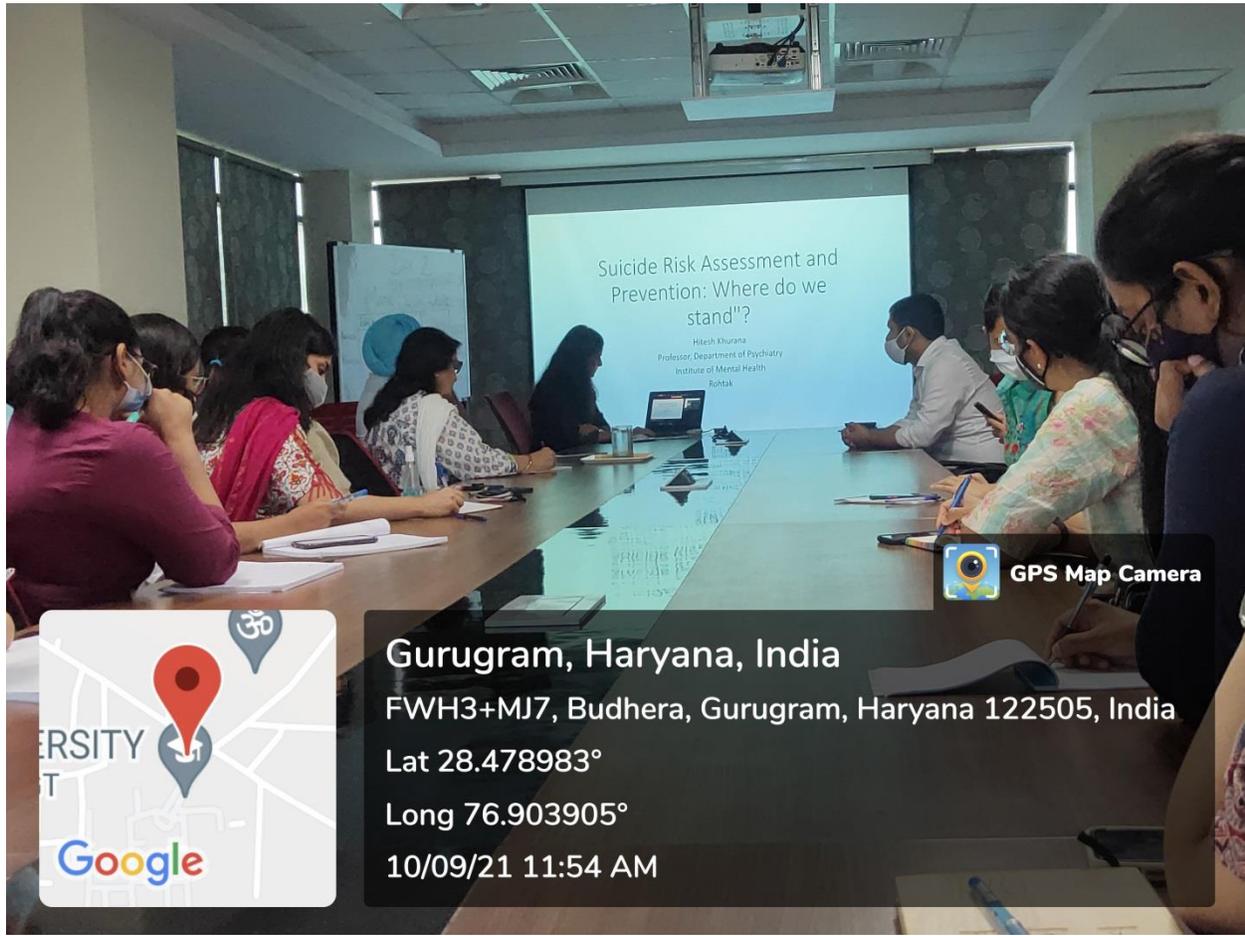


Figure 10: Webinar on “Suicide Risk Assessment and Prevention: Where do we stand?”



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List of participants



Faculty of Behavioural Sciences Department of Clinical Psychology

Attendance of Webinar

Topic: Suicide Risk Assessment and Prevention: Where Do We Stand?

Date: 10th September 2021

S.No	Faculties Name	Signature
1	Dr. Hitesh Khurana, Resource Person	
2	Dr. Vikas Punia	
3	Ms. Chandani Pandey	
4	Ms. Simmy Rohilla	
M.Phil. 2nd Year In Clinical Psychology		
S.No	Students' Name	Signature
1	AARUSHI SHARMA	
2	FALAK	
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Day 3- 11/09/21, Saturday

Brief Profile of Speakers: Prof. (Dr.) Rajbir Singh, Professor and Dean, Faculty of Behavioral Sciences, SGT University. A total of 27 students have completed their PhD degrees under his supervision. He specializes in Biological Basis of Behavior and has been teaching for more than 35 years. He is the author of three books and has published more than 60 research articles in various referred journals.

Report of the Event :

a) **Introduction:** Day 3 of the orientation program for M.Phil. Clinical Psychology – 1st year (Session 2021-2023) aimed at providing an overview about MPhil Clinical Psychology syllabus, dissertation and examination. The academic expectations and challenges faced by program were discussed in length. Also, a brief interaction between the Dean, Faculty of Behavioral Sciences and students took place following which campus visit was organized to familiarize students with the physical environment.

b) Objective of the Event:

- 1) Overview about MPhil Clinical Psychology syllabus, Dissertation and Examination.
- 2) Discussion about Academic expectations, challenges faced by the program
- 3) Interaction with the Dean, Faculty of Behavioral Sciences and visit to the campus

c) Brief content of Interaction-

Day 3 of orientation program for M.Phil Clinical Psychology – 1st year (Session 2021-2023) was started with the welcome of new batch by Dr. Vikas Punia, Assistant Professor, FBSC followed by a brief introduction of MPhil Clinical Psychology syllabus. Information regarding dissertation and examination was also provided and students's doubts regarding the same were also answered. The session was really insightful for the



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new trainees. Another lecture was given by Ms. Megha Sharma on academic expectations and various challenges faced by the trainees. The effective solutions to these challenges were also discussed. Following light refreshment, interaction between MPhil 1st year and 2nd year was arranged to have a peer discussion.

After this activity, Prof. (Dr.) Rajbir Singh, Dean FBSC interacted with the students and familiarized them with the department and its working. He discussed various challenges faced by Psychology Department in general and also explained various strategies to overcome those challenges. The students were highly motivated after the talk. They were then taken to visit the University campus and get acquainted with all the departments and their respective places. Day 3 of orientation ended with a vote of thanks by Dr. Vikas Punia, Assistant Professor, FSBC SGT University.



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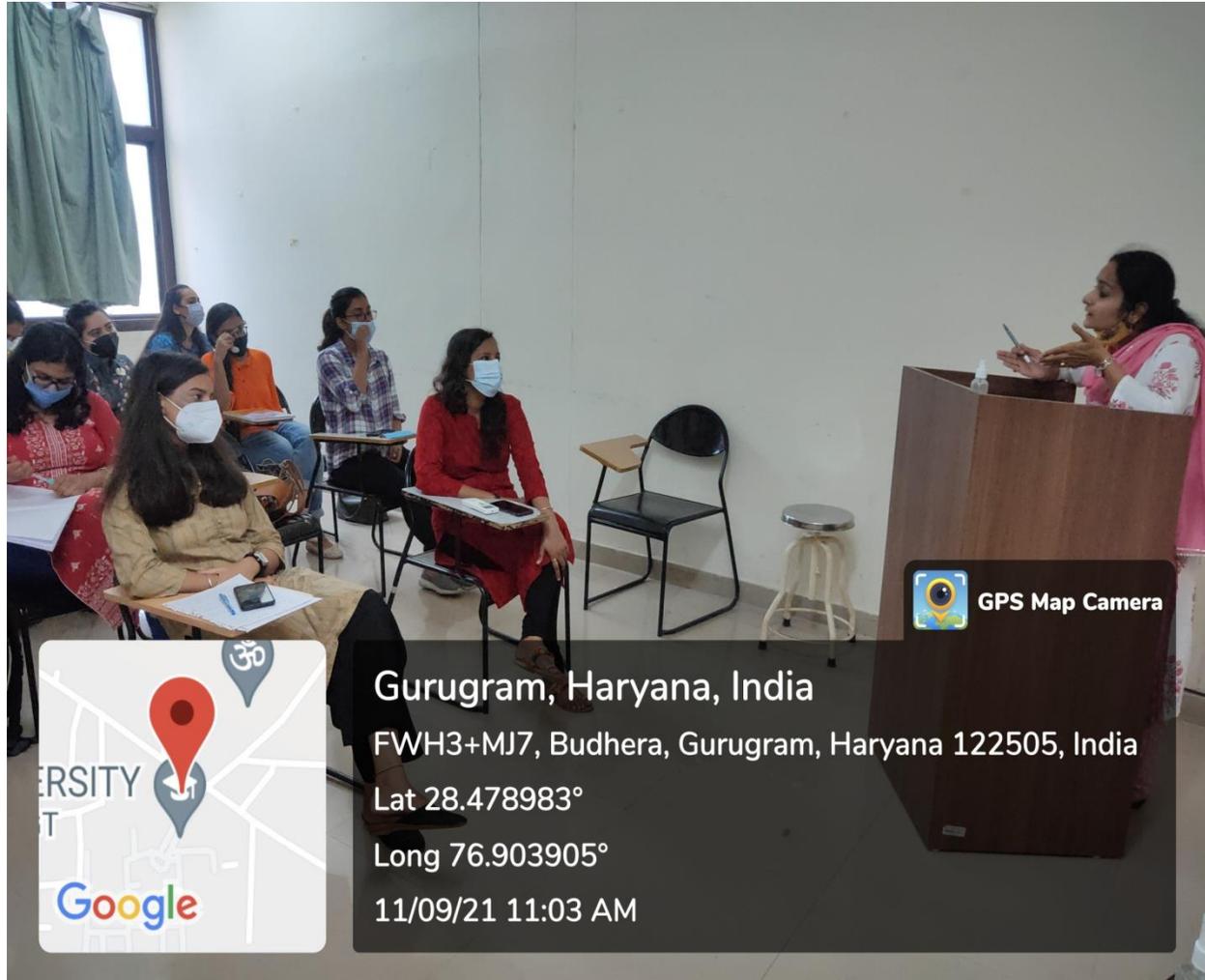


Figure 11: Ms. Megha Sharma, Assistant Professor, Department of Clinical Psychology, discussing the academic challenges and expectations.



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Figure 12: Prof. (Dr.) Rajbir Singh, Dean, FBSC discussing the prospects of research in the area of psychology with the students



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Figure 13: Vote of Thanks by Dr. Vikas Punia, Assistant Professor, FBSC.



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List of participants



Faculty of Behavioural Sciences
Department of Clinical Psychology

Attendance of Orientation / Induction Program, Day 3

Date: 11th September 2021

S.No	Faculties Name	Signature
1	Prof (Dr). Rajbir Singh, Dean FBSC	
2	Dr. Vikas Punia	
3	Ms. Chandani Pandey	
4	Ms. Simmy Rohilla	
5	Ms. Megha Sharma	
M.Phil. 2nd Year In Clinical Psychology		
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