

**DR. ASHTHA ARYA**

**ASSOCIATE PROFESSOR**

**DEPT. OF CONSERVATIVE DENTISTRY AND ENDODONTICS**

**PUBLICATIONS**

<b>S. No.</b>	<b>Publications</b>
1.	Anshul Arora, <b>Ashtha Arya</b> . A technique for using maxillary soft tissue undercut in denture placement: a case report. International Journal Of Scientific Research 2019;Vol 8 (10):64-65.
2.	<b>Ashtha Arya</b> , Anshul Arora. Comparison of Efficacy of Nanohydroxyapatite Desensitizer, Nd:Yag Laser and their Combined Effect in the Treatment of Dentin Hypersensitivity: A Clinical Study. International Journal Of Scientific Research 2019;Vol 8 (9):54-56
3.	Garima Assudani, Vikram Sharma, Ritu Sharma, <b>Ashtha Arya</b> , Gaurav Setya, Utsav Gulati. A Comparative evaluation of three root canal instrumentation systems in preparation of curved canals using CBCT – an in vitro study. University Journal of Dental Sciences 2019; vol 5 (2):33-38
4.	Patanjali S, Arora A, <b>Arya A</b> , Grewal M S. An In Vitro Study of Effect of Beveling of Enamel on Microleakage and Shear Bond Strength of Adhesive Systems in Primary and Permanent Teeth. Int J Clin Pediatr Dent 2019;12(3):205–210.
5.	<b>Ashtha Arya</b> , Gaurav Thapak, Anshul Arora. Retrieval of separated instrument from the root canal using ultrasonics: Report of three cases. Endodontology 2019;Vol 31(1):121-124.
6.	Gaurav Thapak, <b>Ashtha Arya</b> , Anshul Arora. Fractured tooth reattachment: A series of two case reports. Endodontology 2019;Vol 31(1):117-120.
7.	Anshul Arora, <b>Ashtha Arya</b> , Latika Chauhan, Gaurav Thapak. Radix Entomolaris:Case Report with Clinical Implication. International Journal of Clinical Pediatric Dentistry Nov-Dec 2018;11(6):536-538
8.	Anshul Arora, <b>Ashtha Arya</b> , Rajnish K Singhal, Rachit Khatana. Hemisection: A conservative approach. Indian Journal of Dental Sciences. 2017;Vol 9(3): 206-209

9.	Rajnish K Singhal, Anshul Arora, <b>Ashtha Arya</b> . Endodontic management of maxillary second molar with two palatal roots by using CBCT: A case report. Endodontology 2017;Vol 29(2):173-175.
10.	Rajnish K Singal, <b>Ashtha Arya</b> , Anshul Arora. Nonsurgical Repair Of A Large Inflammatory Internal Root Resorptive Defect With Mineral Trioxide Aggregate : A Case Report. University Journal of dental Sciences 2017;vol 2(3):67-70
11.	Garima Assudani, Suman Kaushik, Vikram Sharma, <b>Ashtha Arya</b> , Utsav Gulati, Gargi Mitra. Esthetic Rehabilitation of Anterior Teeth with Ceramics Reinforced by Lithium Disilicate. THE CUSP 2016; Vol. 14 (1): 23-28
12.	Jitender Solanki, Rahul Jain, Ravinder Singh, Sarika Gupta, <b>Ashtha Arya</b> , Deepak Tomar. Prevalence of Osteosclerosis among patients visiting dental institute in rural area of western India. Journal of Clinical and Diagnostic Research 2015; vol 9(8):38-40
13.	Jitender Solanki, Sarika Gupta, <b>Ashtha Arya</b> . Dental caries and periodontal status of mentally handicapped institutionalized children. JCDR 2014; Vol 8: 25-28.
14.	Gunjan Gupta, DipikaMitra, K.P.Ashok, Arun Gupta, SwetaSoni, <b>Ashtha Arya</b> . Efficacy of preprocedural mouth rinsing in reducing aerosol contamination produced by ultrasonic scaler: A pilot study. Journal of Periodontology 2014; vol 85 (4): 562-68
15.	Singh Arundeeep, <b>Arya Ashtha</b> , Kalra Sarika, Gupta Manish, Kumar Swami, Kochhar Rohit. A Scanning Electron Microscopic evaluation of debris and smear removal using step back, passive step back and ultrasonic techniques: An invitro study. BFUDJ 2012; Vol 3 (1)
16.	Gandhi A. , Madan N. , Bindal D. , <b>Arya A</b> . Use of MTA in the treatment of permanent tooth with open apex and large periapical lesion – A case report. Journal of innovative dentistry 2012; vol 2 (1):23-26
17.	<b>Ashtha Arya</b> , Dildeep Bali, Mandeep S. Grewal. Histological analysis of cleaning efficacy of hand and rotary instruments in the apical third of the root canal: A comparative study. Journal of conservative dentistry 2011; vol14 (3): 237-40
18.	Gandhi A. , Madan N. , Bindal D. , <b>Arya A</b> . Role of morphogens signaling in tooth development. Journal of innovative dentistry 2011; vol 1 (3):57-60
19.	Gandhi A, Shinde T.V, Madan N, Sharma V, <b>Arya A</b> . Bioengineered tooth: An Insight into future.Journal of Innovative Dentistry 2011; Vol 1 (1) :58-60

20.	Sharma V, Madan N, Shinde V.T, Gandhi A, <b>Arya A.</b> Restorative Concerns for a fractured endodontically treated tooth- A Case report. Journal of Innovative Dentistry 2011; vol 1 (1):26-28
21.	Madan N, Sharma V, Shinde T. V. Shinde, Gandhi A, <b>Arya A.</b> Post treatment endodontic disease- A clinical challenge. Journal of Innovative Dentistry 2011; Vol 1 (1) :37-40

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**CONFERENCES/ CDE/ FDP ATTENDED**

<b>S. No.</b>	<b>Conference / Convention Attended</b>	<b>Paper / Poster Presented</b>	<b>Session Chaired</b>
1.	Aesthetic Dentistry and Post & Core , MAIDS, 3rd Aug 2007		
2.	Microendodontics Workshop , GDC ,PGIMS, Rohtak, 10th Feb 2008		
3.	Art and science of rotary Endodontics made easy: treatment and retreatment. Shalimar bagh club, New Delhi, 10th May 2008	Poster Presentation on “Retrieval of separated instrument”	
4.	Clinical Photography – 9th National FODI & IES post graduate students convention , Goa 16th to 18th May 2008		
5.	Post & Core –Hands -on course held at the 23rd FODI & 16th IES national conference , Chandigarh. 20th Nov 2008		
6.	23rd FODI & 16th IES national conference , Chandigarh. 21st to 23rd Nov 2008	Paper Presentation on “Histological evaluation of cleaning efficacy of hand & rotary instruments in the apical third of the root canal—A comparative study.” Won <b><u>BEST PAPER PRESENTATION AWARD</u></b>	
7.	IvoclarVivadent – Competence in Composites. Delhi 30/1/09		
8.	Problem solving in Endodontics, Noida 29/3/09		
9.	Module 1 & 2 of the SOLA international Laser Academy, Pune		

	26th -1st March 2009		
10.	Ultradent workshop on Advanced Endodontics, Delhi 2/6/09		
11.	Simple, accurate , efficient. The new era of endodontic technology for the general practice. When to bleach? Why to bond?, Hotel Le Meridian, New Delhi		
12.	The Famdent Convention, PragatiMaidan, N.Delhi 24th -26th July 2009		
13.	DIODE LASER by Dr. SuchetanPradhan, Centre of Advanced Dental Education, N.Delhi		
14.	3rd National Conference –Oral Laser Applications, Ahmedabad, Gujarat 18-20 sept, 2009		
15.	Preconference session- Complete Endodontics, M.A.I.D.S.,N.Delhi 23rd July '09.		
16.	LASERS IN DENTISTRY, PDM Dental College , Bahadurgarh, Haryana 26th August 2011		
17.	26th FODI & 18th IES National Conference , New Delhi 11th -13th Nov. 2011	Paper Presentation on “Nonsurgical repair of a large inflammatory internal root resorptive defect with mineral trioxide aggregate: A case report.”	Paper Presentation session by PG students
18.	The Famdent Convention, Pragati Maidan, New Delhi 27-29 July 2012		
19.	6th Congress of International Society for Oral Laser Application & 5th Congress of the SOLA , New Delhi 21-23rd Sept 2012		
20.	6 <sup>th</sup> Annual Conference of Society for Oral Laser Applications held at Kolkata, 21 <sup>st</sup> -23 <sup>rd</sup> March 2014		

21.	FDI Annual world dental congress, Greater Noida,. 11 <sup>th</sup> —14 <sup>th</sup> Sept, 2014.		
22.	Pain free endodontics –myth or reality by Dr. V. Gopi Krishna at FDI 2014 Greater Noida, New Delhi 12th sept 2014		
23.	Symposium on “Lasers in Endodontics” by Dr.Vivek Hegde at FDI 2014 Greater Noida, New Delhi 14th sept 2014		
24.	8 <sup>th</sup> Congress of International Society for Oral Laser Applications held in Beijing China 20 <sup>th</sup> –21 <sup>st</sup> sept , 2014		
25.	Seminar on “medical negligence: issues and responses” at Medical college, SGT University, Budhera, Gurgaon 29th November 2014		
26.	“FUTURE DENTAL PROFESSIONALS “ program held at Faculty of Dental Sciences , SGT University, Gurgaon 2014		
27.	CDE on “Emerging trends in oral medicine and radiology” in SGT dental college, Gurgaon 13 <sup>th</sup> march 2015		
28.	Webinar on “ESTHETICS” by Dr.Ratandeep Patil at SGT Dental College, Gurgaon 3 <sup>rd</sup> July 2015		
29.	7 <sup>th</sup> Annual Conference of Society of Oral Laser		

	Application held at Jaipur, Rajasthan 1 <sup>st</sup> -6 <sup>th</sup> Sept. 2015		
30.	Lecture with Hands-On in “ESTHETIC ENHANCEMENT WITH COMPOSITES” BY DR. DEEPAK MEHTA held at Faculty of Dental Sciences , SGT University, Gurgaon 6 <sup>th</sup> October 2015		
31.	CDE on “LASERS IN DENTISTRY –AN INSIGHT” held at Faculty of Dental Sciences , SGT University, Gurgaon 27th October 2015	Poster presentation at “Lasers in Conservative Dentistry and Endodontics-An Insight”	
32.	WORKSHOP ON “INDRECT IMPRESSION TECHNIQUE “-BY DR.PRIYANKA JAIN SEPTEMBER 7 <sup>TH</sup> 2015		
33.	3 day Advanced Endodontic Course by Dr. Vivek Hegde, at White Arch Dental clinic, Pune December 2015		
34.	69 <sup>TH</sup> IDC 2016 CONFERENCE held in LEELA AMBIENCE, NEW DELHI, 19 <sup>th</sup> -21 <sup>st</sup> feb 2016.	Paper Presentation on “Effectiveness Of X-Pulse For Disinfection Of Gutta Percha Cones.”	Paper Presentation Session
35.	“Perio-Pedo Summit” held by FDS, Dept. Of Periodontology and Dept. Of Pedodontics at SGT University 9 <sup>th</sup> March 2016		
36.	National Wworkshop on Regenerative Endodontics titled “Tooth Reincarnation:From Basics to Clinical Presence” held at MADS, New Delhi		

	on 9 <sup>th</sup> April 2016		
37.	CDE ON “INNOVATION : BECAUSE WITHOUT INNOVATION WE CANNOT ADVANCE” AND Hands on on “Class II composite restorations and occlusal stamping technique” DR.PRIYANKA JAIN SIKKA held at Faculty of Dental Sciences SGT University, Gurgaon 19 <sup>TH</sup> April 2016		
38.	“Dental Synergy 2016” held in Hotel Crown Plaza, Rohini, New Delhi 17th & 18th September 2016.	Paper Presentation on “LASERS: A novel approach for inoffice bleaching”	Chairperson of Guest lecture “Final protocol in Modern Endodontics” by Dr.Anish Naware  Chairperson of Guest lecture “Zygomatic Implants: Immediate solution for Atrophic Maxilla” by Dr.RaghavVerma
39.	Workshop on “How to achieve accreditation in dental clinics NABH and NADH and infection control in dental clinic” at Hotel Crown Plaza, Rohini, New Delhi 17th September 2016		
40.	CDE and hands-On on “Regenerative Implant Dentistry” held at FDS, Dept. Of Oral and Maxillofacial Surgery, SGT University 16 <sup>th</sup> Nov 2016		
41.	19 <sup>th</sup> Scientific Congress of Asian Pacific Endodontic	Paper Presentation on “Comparison of efficacy of Nanohydroxyapatite	Chairperson of Poster Presentation



	Confederation & 18 <sup>th</sup> IACDE & IES PG Convention held at Hotel Hyatt Regency, Gurgaon, NCR Delhi 5-8 <sup>th</sup> April 2017	desensitizer, Nd:YAG laser and their combined effect in the treatment of Dentin Hypersensitivity: A Randomized Clinical Study”  Poster Presentation on “Lasers in Dentistry”	Session by PG Students
42.	Advanced Spine Interventions International Conference & Cadaveric workshop held at Radisson Blue, Dwarka, New Delhi 9 <sup>th</sup> April 2017		
43.	CDE program organized by Dept. of Oral Surgery on “PICS”, held at Faculty of Dental Sciences, SGT University, Gurugram 28 <sup>th</sup> April 2017		
44.	IDA Delhi State Branch Conference hosted by IDA North Delhi Branch 15-17 <sup>th</sup> Sept 2017	Paper Presentation on “Retrieval of separated instruments: Predictable ultrasonics” Awarded with <b><u>BEST PAPER AWARD</u></b>  Poster Presentation on “Explore new horizons with beam of Lasers”	Chairperson of Scientific Session
45.	Presented and participated at SYNERGY 2017- A Conclave of Innovation Cumulating All Specialities organized by SGT University, Gurugram 9 <sup>th</sup> -11 <sup>th</sup> November 2017		
46.	Lecture on” CENTION N : A new alternative to amalgam” by Dr. med. Dent. Phillpp E. Schneider held at Faculty of Dental Sciences SGT University, Gurgaon. 5 <sup>th</sup> Dec 2017		
47.	Workshop on “Research and Methodology” held at SGT University 12-13 <sup>th</sup> January 2018		

48.	Basic Life Support & Airway Management Workshop held by International Trauma Centre, Hyderabad in association with Faculty of Dental Sciences, SGT University, Gurugram at SGT University Campus 16 <sup>th</sup> March 2018		
49.	Lecture cum Hands-on workshop on “Shaping Protocol with Newer Ni-Ti instruments” by Dr. P.D. Joshi held at Faculty of Dental Sciences SGT University, Gurgaon 2 <sup>nd</sup> April 2018		
50.	Faculty Development Program “Empowering Teaching Dentists for Effective Academic Delivery” organized by Dept. of Public Health Dentistry, SGT Dental College, Hospital and Research Institute, Gurugram 9 <sup>th</sup> and 10 <sup>th</sup> April 2018		
51.	Workshop on “Impression materials and techniques” by Dr. Priyanka Jain Sikkaheld at Faculty of Dental Sciences SGT University, Gurgaon 10 <sup>th</sup> May 2018		
52.	“CBCT in Endodontics” held at AIIMS, New Delhi 3 <sup>rd</sup> August 2018		
53.	Lecture , Demo and Hands-on on “Lets Shape The Canals-The TCA Way” by Dr. Annil Dhingra organized by Dept. of Conservative Dentistry and Endodontics held at Faculty of Dental Sciences SGT University,		

	Gurgaon 1 <sup>st</sup> October 2018		
54.	DASANA International Dental Conference held at Constitution Club Of India, New Delhi 6 <sup>th</sup> -7 <sup>th</sup> October 2018	Paper Presentation on “Accuracy of an apex locator in contrast to conventional radiographs on working length determination: an in vivo study”	Chairperson of Paper Presentation session
55.	Presented and participated at SYNERGY 2018- organized by SGT University, Gurugram 10 <sup>th</sup> -12 <sup>th</sup> October 2018		
56.	26 <sup>TH</sup> IES National Congress held at Hotel Holiday Inn, Aerocity, Delhi 8 <sup>TH</sup> -9 <sup>TH</sup> December 2018	Paper Presentation on “LASERS: A New Concept In Surgical Management Of Oral Submucous Fibrosis”  Poster Presentation on “The Endodontic Glidepath-Secret To Rotary Safety”	Chairperson of Paper Presentation session by PG students
57.	Lecture on “Basic Implantology and Sinus Lift Technique” held at FDS, SGT University 8 <sup>th</sup> Jan 2019		
58.	CDE on “Microscope Enhanced Dentistry” organised by Dept. Of Conservative Dentistry And Endodontics, FDS, SGT University 18 <sup>th</sup> -19 <sup>th</sup> Jan 2019		
59.	CDE on “Bio-Medical Waste Management” organized by Dept. Of Oral Pathology and Microbiology and Forensic Odontology, FDS, SGT University on 7 <sup>th</sup> Feb 2019		
60.	Interstate Dental Conference EASTDENT 2019 held at Crowne Plaza, Mayur Vihar-1, New Delhi from 20 <sup>th</sup> -21 <sup>st</sup> April 2019	Paper Presentation on “Fractured tooth reattachment: A Report Of Two Cases“	Chairperson of Paper Presentation Session

61.	ADA CERP (Continuing Education Recognition Program for Dental Cariology)		
62.	Symposium on "Bioactive Materials" organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 22nd of July, 2019		
63.	Hands on workshop on "Dental digital photography" by Dr. Sarthak Kadel organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 29th- 30th July 2019		
64.	Workshop on "#Nahi means No" organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 2nd August 2019		
65.	Industrial visit to Dentsply Sirona organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 8 Aug 2019		
66.	CDE on "Illumination through the labyrinth of cementation" by Dr. Tatiana Repetto Bauckhage organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 19 Aug 2019		
67.	FDP organized by 3M Scientific Convention for		

	Academic Excellence held on 4 <sup>th</sup> Nov 2019, New Delhi		
68.	Lecture cum Hands-on workshop on “Latest in Predictable Endodontics Mani To Many” by Dr. Rajiv Chugh organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 28 <sup>th</sup> Nov 2019		
69.	ICD-IDA Conference 2019 held at Shangri-La’s –Eros Hotel, New Delhi from 14 <sup>th</sup> -15 <sup>th</sup> Dec 2019		Chairperson of Poster Presentation session
70.	Lecture cum Hands-on workshop on “Magnification –The Next Step In Dentistry” by Dr. Anuj Bhardwaj organized by Dept. Of Conservative Dentistry and Endodontics, FDS, SGT University on 23 <sup>rd</sup> Dec 2019		

## **DR. ASHTHA ARYA**

**Associate Professor**

**Dept. of Conservative Dentistry and Endodontics**

Dr. Ashtha Arya, M.D.S (Endodontist) is a proficient clinician and academician with over 20 years of clinical experience. She specializes in LASERS IN DENTISTRY and use of MAGNIFICATION IN DENTISTRY. She has done Diploma in Laser Dentistry from University of Vienna, Austria. She has numerous publications in national and international journals to her credit. Her areas of research interest include Lasers in dentistry, Instrumentation and Disinfection in Endodontics. She has guided number of post graduate students in their research work. She is recipient of BEST PAPER PRESENTATION AWARD at National Conference. She has been an external examiner at various Universities. She has been member of organizing committee at various national and international conferences. She is life member of IDA, IES and SOLA. She aims to provide the best in dental treatment by utilizing state of the art modern equipment and techniques. She has expertise in **Smile Designing** and **Nonsurgical Retreatment**. She aims to impart quality education to aspiring students.