

Dr Mona

Paper Publications

- 1) Dabas A. Shetty KS , Sidhu MS, Futela N, Prabhakar M – Assessing Effectiveness of PEA and BEGG Appliance Therapies in Extraction Cases using PAR and IOTN Indices. JIOS 2008; 42;33 – 44.
- 2) Prabhakar M, Kapoor DN, Sidhu MS, Grover S, Dabas A. A Study of the dento – skeletal form, oro – pharyngeal pattern and speech performance in persons with cleft lip / cleft palate. Journal of Cleft Lip Palate & Craniofacial Anomalies 2010;3;8 – 15.
- 3) SmritiMalhotra, Maninder Singh Sidhu, Mona Prabhakar, Anuraj Singh Kochhar, Characterization of a posed smile and evaluation of facial attractiveness by panel perception and its correlation with hard and soft tissue. The Art and Practice of dentofacial enhancement ; 2012:13(1)
- 4) Grover S, Sidhu MS, Prabhakar M, Jena S, Soni S. Evaluation of fluoride varnish and its comparison with pumice prophylaxis using self-etching primer in orthodontic bonding--an in vivo study. Eur J Orthod. 2012 Apr;34(2):198-201.
- 5) Prabhakar M, Sidhu MS, Dabas A. A Co-relative study of Dento-skeletal , Oro-pharyngeal Patterns and Speech Performance in Cleft Lip and /or Cleft Palate Anomaly. Pierre Fauchard Academy Journal 2012;26(6);47 – 52.
- 6) Ashish Dabas, Nupur Dabas, M.S. Sidhu, Mona Prabhakar Regenerative Dentistry : A Journey from stem cell to a bio tooth . IJDS. Sept 2013 Issue 3, vol 5: 84-87.
- 7) Chaudhry A, Sidhu MS, Chaudhary G, Grover S, Prabhakar M, Malik V. Evaluation Of Stress Changes In Mandible With Twin Block Appliance -A Finite Element Study. BFUDJ 2014;5:13-20
- 8) Diwakar R, Sidhu MS, Jain S, Grover S, Prabhakar M. Three-Dimensional Evaluation of Pharyngeal Airway in complete unilateral Cleft individuals and normally growing individuals using Cone Beam Computed Tomography. Cleft Palate –Craniofac Journal 2015;52:346-52.

- 9) Grover S, Sidhu MS, Prabhakar M, Dabas A, Malik V, Yadav P, Diwakar R, Kumar S. A comparative evaluation of two adhesive promoters on bonding of Orthodontic brackets to Fluorosed Enamel-an invivo study. *Journal of Orofacial Research*, 2015;1:5-11.
- 10) Gupta M, Singal I, Dogra N, Prabhakar M. Diverse solution for skeletal Class III adult patients. *IJHSC* 2015;2:86-89.
- 11) Diwakar R, Sidhu MS, Prabhakar M, Grover S, Phogat R. Three dimensional evaluation of Pharyngeal airways in individuals with varying growth pattern using Cone Beam Computed Tomography. *JIOS* 2015;49: 85-88.
- 12) Kaushik A, Prabhakar M, Dabas A, Choudhary A, Sangwan N, Sikka N. Occupational Hazards in Dentistry. *IJHSC* 2015;2:140-145.
- 13) Dabas A, Dabas N, Sidhu MS, Prabhakar M, Grover S, Kumar S. White Spot Lesions: Fixed Orthodontic Treatment Scars - A Review. *IJHSC* 2016; 3(2): 85-95.
- 14) Kapoor M, Sidhu MS, Prabhakar M, Dabas A, Yadav P. Comparative evaluation of shear bond strength of three different bonding agents under dry & moist conditions – an in vitro study. *International Journal of Oral Health Dentistry* 2016; 2(4): 236-42.
- 15) Gupta M, Sidhu MS, Grover S, Dabas A, Dogra N, Prabhakar M. Prevalence of White Spot Lesions following Orthodontic Treatment – An in vivo Study. *IJHSC* 2016; 3 (3): 130-5.
- 16) Kumar S, Yadav R, Yadav V, Singh MS, Prabhakar M, Dabas A. Alternative Therapies and Prosthodontics: A Combined Approach. *IJHSC* 2017; 4(1): 41-45.
- 17) Singal I, Sidhu MS, PrabhakarM, Dabas A, Dogra N. Molar distalisation with partially osseo-integrated buccal mini implants along with sliding J hook to correct Class II malocclusion- A Cephalometric study. *IJHSC* 2017; 4(2):70-77.
- 18) Prabhakar M, Singh VP. Orthodontic Treatment Complications in Concrecence: A Case Report. *Journal of Contemporary Orthodontics*, 2018; 2(1):61-70.
- 19) Khushi A, Prabhakar M, Sidhu MS, Grover S, Dabas A, Malik V, Dogra N. Determination of apical root resorption during active orthodontic treatment: A twelve month radiographic study of maxillary and mandibular incisors. *IJHSC* 2018; 5(3): 100-108.

ACADEMIC ACTIVITIES : 2017 – 1997 (newer to older sequence)**CDE PROGRAMMES/FDP/CONFERENCES ATTENDED**

Conferences and CDE				
	52 nd IOC at Jaipur	17 th – 19 th Nov 2017	Jaipur	Delegate
	Pre Conference Course by Dr. AnupSondhi on Self Ligation & Variable prescription Orthodontics	16 th Nov 2017	52 nd IOC Jaipur	Delegate
1	6 th Insight into Orthodontic Post Graduate Examination	29 th Jan 2017	JamiaMiliaIslam ia	Panelist
2	Pedagogic and Personal Effectiveness Workshop	10 th Jan 2017	SGT University	Delegate
3	CDE on Treatment modalities in CLP	16 th Dec 2016	SGT University	Scientific Convenor
4	CDE on Forensic Odontology	28 th Nov 2016	SGT University	Delegate
5	International Symposium on Management of Complex and Canted Occlusal Plane	1 st Nov 2016	CDER, AIIMS, New Delhi	Delegate
6.	TORQUE 2016- Intercollegiate Quiz & CDE	23 rd Sept 2016	ManavRachna Dental College	Faculty Quiz Participant
7.	CDE on Developing Class II- The Timely Intervention	11 th April 2016	SBBDC & Research Centre	By Invitation
8	5 th Insight into Orthodontic Post Graduate Examination	31 st January 2016	JamiaMiliaIslam ia	Panelist
9	Lasers in Dentistry- An Insight	27 th Oct	SGT University	Delegate

		2015		
10	Role of Distraction Osteogenesis in Facial Deformity	16 th Sep 2015	SGT University	Delegate
11	CDE- Lecture on Powerscope is the future	9 th Aug 2015	Russian Centre New Delhi	Member OsGOD
12	Clinical Pearls in Orthodontics	19 th Jan 2015	SGT University	Scientific Convenor
13	Recent Advances in Clinical Dentistry	04 th May 2014	JLN Auditorium AIIMS	Delegate
14	Advanced Course on Orthodontic treatment of Impacted teeth- (Pre Conference Course).	19 th Nov, 2014	49 th IOC, Science City, Kolkata.	Delegate
15	Evolving Concepts of Orthodontic and Orthopedic Treatment in growing patients: An Evidence based Approach by Dr. James A McNamara (Pre Conference Course)	20 th Nov, 2014	49 th IOC, Science City, Kolkata.	Delegate
16	49 th IOC, Kolkata	21st-23 rd , Nov 2014	Science City, Kolkata	Delegate
17	FACE 2014- A Symposium on Orthognathic& Facial Esthetic Surgery	27th-29 th March 2014	SGT University	Member, Organising Committee & Scientific Coordinator
18	National CDE on Insight into Questionnaire designing, Validation & Problem Solving	10 th March 2014	SGT University	Delegate
19	3 rd Insight into Orthodontic Post Graduate Examination	9 th January 2014	JamiaMiliaIslam ia	Panelist
20	48 th IOC	22 nd - 24 th Nov, 2013	Convention Centre, Ahemdabad	Delegate

21	Multispecialty Dentistry - The Way Forward	21 st April 2013	JLN Auditorium AIIMS	Delegate
22	An Insight into Orthodontic Post Graduate Examination – 2014	10 th Feb 2013	JamiaMiliaIslam ia	Panelist
23	Reality Check: Clinical interactive program for Postgraduates	4 th October 2012	AIIMS, New Delhi	Faculty attendance
24	An Insight into Orthodontic Post Graduate Examination	4 th March 2012	JamiaMiliaIslam ia	Faculty, Scientific Session
25	8 th APOC 47 th IOC	02 Dec 2012	The Ashok, New Delhi	Delegate
26	Basic to Advanced CAD- CAM Based 3-D Lingual Orthodontic System	13 th - 15 th April, 2012	3 Days Lecture cum Hands on Course at Pacific Dental College, Udaipur	Participant
27	Multispecialty Dentistry the way forward	22 April 2012	JLN Auditorium AIIMS	Delegate
28	Redefining treatment goals in dentistry(Focus : Orthodontics, Periodontics, Endodontics)	4 th April 2011	JLN Auditorium AIIMS	Delegate
29	Redefining treatment goals in dentistry- CDE	5 th April, 2011	SGT Dental College	Delegate
30	The Damon System Course by Dr. John Jin Jong Lin	3 rd Sept, 2010	Conducted by Ormco, Sybron Dental Specialities, Indian Habitat Centre, ND.	Delegate
31	Indocleftcon 2010- Refinement of Cleft care for Developing Countries.	23 rd - 25 th April 2010	AIIMS,	Paper Presented

			New Delhi	
32	Multispeciality Dentistry- The road ahead	21 st March 2010	CDER, AIIMS, New Delhi	Delegate
33	Cleft Lip and Palate anomaly-The Orthodontic Perspective	15 th Oct 2010	SGT University	Scientific Convenor
34	45 th Indian Orthodontic Conference	17 th -19 th Dec. 2010	Mangalore	Delegate
35	Lingual Orthodontics Incognito-Certification course by Dr. Dirk Wiechmann- Post Conference Hands on Course, 44 th IOC	9 th -10 th Nov; 2009	Hotel The Ashok, New Delhi.	Participant/ Delegate
36	SAARC	3 rd – 4 th Aug 2009	CDER, AIIMS	Delegate
37	44 th Indian Orthodontic Conference	5 th -8 th Nov. 2009	Hotel Ashok, Delhi	Delegate
38	CDE Basic Orthodontics	1 st Nov 2008	SGT University	Scientific Convenor
39	43rd Indian Orthodontic Conference	19 th -21 st Dec.2008	Mumbai	Delegate
40	Indian Dental Association CDE	27 th Sept. 2008	Gurgaon	Delegate
41	14 th National Conference of ICOI	29 th Nov- 2 nd Dec. 2007	Mumbai	Delegate
42	41 st IOC, Chennai	24 th - 26 th Nov	Chennai	Delegate
43	Orthodontic finishing: what every clinician should know By Dr. Vincent Kokich- Pre Conference Course	23 rd Nov 2006	41 st IOC Chennai	Delegate

44	New Age Mantras for Orthodontic efficiency and Success	20 th March 2005	India Habitat Centre , New Delhi	Delegate
45	Micro (Screw) implant anchorage course by Dr. MK Prakash	12 th Feb 2006	New Delhi	Delegate
46	Meeting Today's Orthodontic Challenges with the MBT System- Pre Conference Course By Dr. John Bennett	10 th Nov, 2006	PGIMER Chandigarh	Delegate
47	3 rd WEOC & 40 th IOC	11 th - 13 th Nov, 2005	PGIMER, Chandigarh	Delegate
48	Edgeorth – Contemporary Appliance design and treatment techniques in Orthodontics - 2 days Hands on course by Dr. VarunKalra	17-18 Nov, 2001	Hotel Taj, Lucknow	Delegate
49	Beginners Preadjusted Edgewise Appliance Course – 3 days hands-on course conducted by Dr. MK Prakash & Dr. RB Sable	13-15 Nov, 1998	New Delhi	
50	World Congress on Orthodontics & 31 st IOC	3 rd -6 th Feb, 1997	Hotel Ashok, New Delhi	Thesis Paper & Case Report of SABG in a Cleft patient Presented.

ACADEMIC ACTIVITIES 2018

CDE PROGRAMMES/FDP/CONFERENCES ATTENDED

1	Workshop on Diagnostic Imaging and Clinical Photography	7th March 2018	Faculty of Dental Sciences, SGT University, Gurgaon.	Participant
2	Workshop on Treatment of Complex Malocclusions	14th March 2018	Faculty of Dental Sciences, SGT	Scientific Chairperson

	using TADs, IZC and Buccal Shelf Screws, Speaker: Dr. Abhisek Ghosh		University, Gurgaon.	
3	7th into Orthodontic Post Graduate Examination	25th March 2018	Faculty of Dentistry, Jamia Millia Islamia, New Delhi	Panelist for Case Discussion
4	Peer Review Workshop for Indian Society of Dental Research (IADR Indian Division)	17th-18th March 2018	CDER, AIIMS, New Delhi	Delegate
5	Empowering Teaching Dentists for Effective Academic Delivery	9 th - 10 th April 2018	SGT University, Gurgaon.	Participant
6	Clinical and Biological Research in Orthodontics	22nd -24th April 2018	CDER, AIIMS, New Delhi	Delegate
7	Capacity building workshop on OSPE & OSCE	7th-8th May 2018	SGT University, Gurgaon.	Participant
8	“The Master Class” A focus group orthodontic workshop on Self ligation & Biomechanics, aimed at case discussions by 3M Orthodontics	23 rd May 2018	3M Corporate office, Gurugram	Participant
9	Advances in Periodontics	17 th - 18 th Aug 2018	SGT University, Gurgaon.	Participant
10	National Typhodont Workshop	5-7 th October 2018	CDER AIIMS, New Delhi.	Guest Faculty by IOS
11	Lecture course on “Anterior Interferences: their role in Occlusal dysfunctions & Temporomandibular disorders, Anterior inclinations & Orthodontic	8 th October 2018	CDER AIIMS, New Delhi.	Attended

	finishing			
12	Synergy 2018	10 th - 12 th October 2018	SGT University, Gurgaon.	Participant
13	53 rd IOC Kochi	7 th - 9 th Dec 2018	Le Meridien Kochi	Attended
14	Workshop on Advanced Orthodontic Appliances; Self Ligating & Aligner System	1 st Dec 2018	The Woods, Greenwood City Gurgaon	Participant
15	A Glimpse into Dental Implantology	11 th Dec 2018	SGT University, Gurgaon.	Participant
16	CDE on Class II Correction simplified- Recent Advances	14 th Dec 2018	SGT University, Gurgaon.	Part of the Organizing Committee

Events Organized 2018

Workshop on Treatment of Complex Malocclusions using TADs, IZC and Buccal Shelf Screws	14th March 2018	Faculty of Dental Sciences, SGT University, Gurgaon.	Scientific Chairperson
Synergy 2018		SGT University , Gurugram	Organising Team
SGT Dental Esperanza	19 th -20 th Nov2018	SGT University , Gurugram	Academic Events Convenor

ACADEMIC ACTIVITIES 2019

CDE PROGRAMMES/FDP/CONFERENCES ATTENDED

8 th Insight into Orthodontic Post Graduate Examination;	25th January 2019	Faculty of Dentistry, JamiaMilliaIslamia, New Delhi	Panelist for Case Discussion. Also contributed a
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“Asserting Orthodontic Anchorage”			chapter entitled “Anchorage-Diagnostic considerations” in the Handbook on Anchorage released during this event.
NTPC- National Training Program for Cleft Symposium	19 th -21 st Aug 2019	AIIMS, New Delhi	Delegate
CDE on Pushing the Orthodontic envelope – a clinical perspective held in SGT University	5 th Aug 2019	SGT University, Gurugram	Scientific Chairperson
ORMCO Symposium on “Orthodontics Simplified”	16 th -17 th September 2019	Hotel Renaissance, Mumbai	Delegate
54 th IOC, Bhubaneswar	22 nd - 24 th Nov 2019	SOA University, Bhubaneswar	Delegate
Pre Conference Course on “Minimally invasive Orthodontics	21 st Nov 2019	KIIT, Bhubaneswar	Delegate

Events Organized 2019

CDE on Pushing the Orthodontic envelope – a clinical perspective held in SGT University	5 th Aug 2019	Faculty of Dental Sciences, SGT University, Gurgaon.	Scientific Chairperson
Synergy 2019	10 th - 12 th Oct 2019	SGT University , Gurugram	Organising Team
3D Ortho Solutions	8 th Nov 2019	SGT University , Gurugram	Organising Team

A crisp write up (150-200 words)

Dr. Mona Prabhakar completed her BDS from GDC Rohtak in 1991. During her four years of undergraduation she was awarded the Colgate Palmolive scholarship for excellence in academics during 1st, 2nd & 3rd years of BDS. She also bagged the honour of being a Gold Medallist and was declared the Best Graduate of her BDS batch of 1987.

She completed her MDS in Orthodontics from King George's Medical College, Lucknow University in 1994. She commenced her teaching career at SGT Dental college in the year 2002 and has served in the same institution now for more than 16 years. Her areas of interest in orthodontics are many, but what intrigues her the most is the variety of facial patterns seen in children desiring orthodontic treatment and how treatment should be customised to produce an outcome suitable to the individual facial type, be it by growth modification or by braces; one thing she insists for sure is that no one plan fits all.

She takes keen interest in updating herself in treatment protocols of cleft lip & palate patients by attending workshops and conferences dedicated to cleft patient rehabilitation.

Teaching as well as learning, both will be an unending passion for her because she feels that the sharing of knowledge to create beautiful and healthy smiles for patients gives them (patients) a lifetime of improved self esteem and a deep satisfaction to the orthodontist.