

Detailed profile

Research Papers

1. **Sirohi, M.** and Sangwan, V. Impact of nutrition education on knowledge gain of rural post-menopausal women of Haryana. *Journal of Pharmacognosy and Phytochemistry*, 2018: 7(6):1462-1464.
2. **Sirohi, M.** and Gupta, K. Prevalence of cardiovascular risk factors among middle adulthood urban women of eastern part of Uttar Pradesh. *Journal of Pharmacognosy and Phytochemistry*, 2018:7(1): 1118-1119.
3. **Sirohi, M.** and Gupta, K. Study of consumption pattern of functional foods among middle aged women of urban area of Varanasi. *Journal of Pharmacognosy and Phytochemistry*,2018: 7(1):1949-1951.
4. **Sirohi, M.** and Gupta, K. A study on awareness about health in middle adulthood women in urban area of Uttar Pradesh. *Journal of Pharmacognosy and Phytochemistry*,2018:7 (1):1952-1954.
5. **Sirohi, M.** and Gupta, K. Study on Awareness of Bone Health among Middle Aged Women in Urban Area of Eastern Uttar Pradesh, India. *International Journal of Current Microbiology and Applied Sciences*, 2018:7(1):3216-3219.
6. **Sirohi, M.** and Gupta, K.A. Study on occurrence of menopause along with physical and psychological changes among middle adulthood women of eastern Uttar Pradesh. *Journal of Pharmacognosy and Phytochemistry*, . 2018: 7(2):541-542.
7. **Sirohi, M.** and Neeraj, Nutritional status and health problems in middle adulthood women in urban area of Eastern Uttar Pradesh.2015: *Annals of Agri-Bioresearch*, 20(2):281-282.
8. Neeraj and **Sirohi, M.** *Opuntia* (Prickly Pear) and its health benefits in human nutrition: A review. *Annals of Biology*,2015: 31(2):294-298.

Paper Presented in National/International Seminar and Conferences

1. **Sirohi, M.** and Sangwan, V. 2019. "Role of pumpkin seeds in food security and health" In: National Seminar on Innovative Strategies for Gender Equality held at CCS Agricultural University, Hisar, Haryana, India (**Poster Presentation**).
2. **Sirohi, M.** and Sangwan, V. 2018. "Impact of Climate Change and Global Warming on Food Security". In: National Conference on Biodiversity in Agriculture, 2018 held at Vivekananda Global University, Jaipur, Rajasthan (**Poster Presentation**).
3. **Sirohi, M.** and Gupta, K. 2018. "A Study on Prevalence of Constipation among Middle Adulthood Women of Urban Area of Eastern Uttar Pradesh" In: International Conference on Positive Psychology for Health & well Being held Guru Jambheshwar University of Science & Technology, Hisar, Haryana, India (**Oral presentation**).

4. **Sirohi, M.** and Sangwan, V. 2018. “Therapeutic Potential of *Terminalia Arjuna* on cardiovascular diseases and diabetes” In: International Conference on Sustainable Agriculture, Energy, Environment, and Technology (ICSAEET-2018)”held at Maharshi Dayanand University, Rohtak, Haryana, India **(Poster presentation)**.
5. **Sirohi, M.** and Sangwan, V. 2017. Therapeutic Potential of Wheat Grass as a Functional Food” In: National Conference on “Food Processing for Value Addition:Trends and Innovations” Maharshi Dayanand University, Rohtak, Haryana, India **(Poster presentation)**.
6. **Sirohi, M.** and Sangwan, V. 2017. Health and Nutritional status of Menopausal women” In:
7. International conference on “Gender Issues and Socio-Economic Perspectives for Sustainable Rural Development (GIRD-2017)” I.C. College of Home Sciences, CCS Haryana Agricultural University, Hisar (Haryana), India **(Poster presentation)**.
8. **Sirohi, M.** and Sangwan, V. 2017. “Nutritional status and health complications of menopausal women: A Review” In: National Conference on “Food Processing India, 2017” Guru Jambheshwar University of Science & Technology, Hisar, Haryana, India **(Poster presentation)**.

Workshops Attended

1. Participated in Workshop on “Awareness and Use of Indian Citation Index (ICI) Database” sponsored by Nehru Library, CCS Haryana Agricultural University, Hisar (Haryana), India on 7th December, 2017.
2. Participated in Workshop on “Capacity Building on IPR Instruments” held in CCS Haryana Agricultural University, Hisar (Haryana), India on 6th May, 2017.
3. Participated in Workshop on “Scientific / Technical writing” held in CCS Haryana Agricultural University, Hisar, National Academy of Sciences, India during 18-19th April, 2017
4. Participated in Workshop on “Scientific Writing, e-Books and Publication Process” sponsored by University Science Forum (Directorate of Human Resource Management, CCS HAU, Hisar, Haryana, India on 12th April, 2017.