S.No.   Course Coordinate or: Name:   09888141234   Credits:2   Class Time: 2:00-4:00pm   Monday Tuesday   Credits:2   Marks:50    S. No.   Unit   Sub Units   Time   Topic   Teaching Methodology   Tuesday   Teaching Methodology   Teaching Missing first aid (safety and comfort)   Definition, Aim, Principles of first aid   Golden rules of first aid   Golden rules of first aid   The Task of a First Addre   Definition of first aider   Definition of first aider   Personal of the top of	Name of Faculty Name of course		Nursing					L:1 T:1
Coordinat or: Name: Contact:  S. No. Unit Sub Units Time Topic Teaching Methodology Methodology Methodology Methodology Graculty  1. Course Orientation  1. Principles of first aid (safety and comiton)  1. Definition, Aim, Principles of first aid (society and comiton)  1. Principles of first aid (society and comiton)  1. Definition of first aid (society and comiton)  1. Definition of first aid (society and comiton)  1. Definition of first aid (society and comiton)  2. Scope of first aid (society and comiton)  3. Scope of first aid (society and comiton)  4. Scope of first aid (society and comiton)  5. Scope of first aid (society and comiton)  6. Scope of first aid (society and comiton)  7. Definition of first aider  8. Scope of first aider  9. Qualities of first aider  9. Qualities of first aider  1. The Task of a First Aider  1. First Aider  1. Definition. Purposes. Types of dressing  1. Medicated and unmediated  1. Dry dressing and wet dressing  1. Pressure dressing  1. Definition of first aider  2. Definition of first aider  3. Definition of first aider  4. Definition of first aider  5. Definition of first aider  6. Definition of first aider  8. Definition of first aider  9. Definition of first aider  9. Definition of first aider  1. Definition			First aid					
1. Course Orientatio n  2. Course objective and methodology  4. Precautionary measures while giving first aid (safety and comfort)  5. Definition, Aim, Principles of first aid  6. Golden rules of first aid  7. Scope of first aid  8. Scope of first aid  9. The Task of a First Aider  9. First aid Kit  1. Definition of first aider  9. Qualities of first aider  9. Responsibilities of first aider  9. Responsibilities of first aider  1. Definition. Purposes. Types of dressing  1. Methodology  Teacher Seminar  Teacher Seminar  Teacher Seminar  Teacher Seminar  Toacher Seminar  Number Authority Assessment.  Toacher Seminar  Toacher Seminar  Number Authority Assessment.  Toacher Seminar	Coordinat or : Name :		-		Monday			Credits:2 Marks:50
1. Course Orientatio n  Welcome Course objective and methodology Precautionary measures while giving first aid (safety and comfort) Definition, Aim, Principles of first aid Scope of first aid Scope of first aid Scope of first aid Scope of first aid Definition of first aider Definition of first aider Qualities of first aider Responsibilities of first aider Definition. Purposes. Types of dressing Medicated and unmediated Dry dressing and wet dressing Pressure dressing Pressure dressing Pressure dressing Pressure dressing Pressure dressing	S. No.	Unit	Sub Units Time	Topic				
Types of bandages  Causes of poisoning  Dressing &	1.	Orientatio	First Aid Principles First Aider	<ul> <li>Course objective and methodology</li> <li>Precautionary measures while giving first aid (safety and comfort)</li> <li>Definition, Aim, Principles of first aid</li> <li>Golden rules of first aid</li> <li>Scope of first aid</li> <li>The Task of a First Aider</li> <li>First aid Kit</li> <li>Definition of first aider</li> <li>Qualities of first aider</li> <li>Responsibilities of first aider</li> <li>Definition. Purposes. Types of dressing</li> <li>Medicated and unmediated</li> <li>Dry dressing and wet dressing</li> <li>Pressure dressing</li> <li>Types of bandages</li> </ul>	Teacher Seminar	objective type questions.  Weekly	Sandhu Ms Shikha	

		bandaging  Poisonings		<ul> <li>Methods of poisoning</li> <li>Management</li> <li>Collection of history, Removal of link poisoning</li> <li>Organic phosphate poisoning</li> <li>DDT poisoning &amp; it's management</li> <li>Kerosene oil poisoning &amp; it's management</li> <li>Acid poisoning &amp; it's management</li> <li>Alkali poisoning &amp; it's management</li> <li>Carbon monoxide poisoning</li> <li>Mercury poisoning</li> </ul>				
2.	Accidents Haemorrh age and shock	Accidents  Haemorrhage	10hrs	<ul> <li>Definition of accident</li> <li>Road accident ,causes</li> <li>Incident Management aim, treatment ,immediate action</li> <li>Transportations of causality (Moving the causality)</li> <li>Removal of trapped causality</li> <li>Definition</li> <li>Types and time of hemorrhage.</li> <li>Bleeding from special sites</li> <li>Sign and symptoms</li> <li>Effect of bleeding</li> <li>Management</li> <li>Definition</li> <li>Type of shock</li> </ul>	SIS Teacher Seminar Student Seminar	Subjective and objective type questions.  Written assignment.  Weekly Assessment.	Ms. Anu Grover Ms. Bharti	

		Shock		<ul><li>Causes of shock</li><li>Sign and symptoms</li><li>Basic First aids of shock</li></ul>				
		Wounds		<ul> <li>Definition, Types of wound</li> <li>General measures adopted in first aid management</li> <li>Complication and hazard of wounds</li> </ul>				
		Burns		<ul> <li>Prevention of complication &amp; management</li> <li>Burns and their first aid management</li> </ul>				
		Heat Stroke and Heat Exhaustion		<ul> <li>Causes ,sign and symptoms and its first aid</li> <li>Prevention Heat Stroke and Heat Exhaustion and dehydration</li> </ul>				
3.	Unconscio usness , Head injury, Cardio- pulmonary Resuscitati on(CPR)	Unconsciousne ss	10hrs	<ul> <li>Causes of unconsciousness Definition</li> <li>Assessment of unconsciousness</li> <li>Sign and symptoms</li> <li>General signs and symptoms and stages of unconsciousness</li> <li>Unconsciousness First aid Types of head injury</li> </ul>	Teacher Seminar	Subjective and Objective type questions.  Written assignment.  Weekly assessment.	Ms. Anu Grover  Mr.Anoop Sandhu  Ms. Shikha Sharma Thapa	
		Head Injury		<ul><li>Causes, sign &amp; symptoms</li><li>first aids</li></ul>				

	Cardio- Pulmonary Resuscitation (CPR)		<ul> <li>Management</li> <li>Modification child/Baby</li> <li>Indication ,Causes</li> <li>Signs and symptoms of cardiac arrest</li> <li>Procedures of resuscitation</li> <li>Seizure</li> <li>Causes, sign &amp; symptoms,</li> <li>Minor and Major Epileptic Fits and its first aids</li> </ul>				
Asphyxia	Asphyxia  Drowning  Chocking	10hrs	<ul> <li>Causes , Signs and symptoms</li> <li>Aim. first aid management</li> <li>Causes , Signs and symptoms</li> <li>Rescue of a drowned person</li> <li>first aid management</li> <li>Causes of air way obstruction</li> <li>Signs and symptoms</li> </ul>	Teacher Seminar  Focus Group Discussion	Subjective and Objective type questions. Written assignment. Weekly Assessment.	Ms. Ritu Yadav  Mr. Anoop Sandhu	
	Foreign bodies		<ul> <li>First aid in chocking Prevention of chocking</li> <li>Foreign body in the eye</li> <li>Sign and symptoms</li> <li>Aim</li> <li>Treatment</li> <li>Definition, Types of fracture and their management</li> </ul>	Discussion			

Fractures  Injuries to the  Muscles	<ul> <li>Causes of Sprain</li> <li>Sign&amp; symptoms of sprain</li> <li>Treatment of Sprain</li> <li>Causes of Strains</li> <li>Sign. &amp; symptoms of Strains</li> <li>Treatment of Strains</li> </ul>	
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Imparting transferable and life skills about First Aid which shown to known to all as an individual for self well being as well as for well being of surrounding people. The course enhances the knowledge about commonly encountered medical problems and the type of first aid that should be administered so that the chances of recovery are maximized.