

Faculty of Behavioural Sciences

Emotional Intelligence

Name of Faculty		Behavioural Sciences					L:1 T:1
Name of Course		CBCS UG Level					Credits: 2
Subject/Paper		Emotional Intelligence	Semester	3rd	Paper Code	FBS-OE3	Marks: 50
Course Objectives		<p><i>To Understand varied concepts of Intelligence, critically evaluate IQ as a measure of success in life: and to become aware of social and emotional intelligence as new avenues of achievement and happiness.</i></p> <p>(Imparting Life Skill about Handling emotions and development of EQ for self well being as well as transferable skill to practice as an efficient clinical psychologist)</p>					
Unit	Sub Units	Time (hrs)	Topic	Teaching Methodology	Assessment Method	Teaching Faculty	
Unit-I	1.1	3	Introduction to intelligence – types and theories (G factor, S factor, Multiple intelligences, current ideas)	Power Point presentation by teacher, SIS, FGD, Teacher’s seminar	Subjective and Objective / Class Test, Assignment/ presentation etc.		
	1.2	3	Criticisms of IQ as a measure of intelligence; development of concepts of EQ and SQ				
	1.3	3	Scientific Research findings on the importance of Social and Emotional Intelligence				
UNIT-II	2.1	4	Social Intelligence Concept and importance	PowerPoint presentation by teacher, SIS, FGD	Subjective and Objective / Class Test, Assignment/ presentation etc.		
	2.2	2	Development of social intelligence in early childhood and adolescence.				
	2.3	4	Implications of Social Intelligence on adult-life, human relationships and leadership				

Unit-III	3.1	3	Emotional Intelligence Concept and Theories; correlates of EI	Power Point presentation by teacher, SIS, FGD	Subjective and Objective / Class Test, Assignment/ presentation etc.
			Measurement of emotional intelligence; EQ and IQ		
	3.2	3	Applications of EI in family, school and workplace settings; stress management through EI		
	3.3	3			

Recommended Books:

1. Goleman, D. (1995). Emotional Intelligence. Why it can matter more than IQ. Bantam Books
2. Goleman, D. (2007). Social Intelligence. The new Science of human relationships. Bantam Books