

Dr. Saurabh

PUBLICATIONS

2016

1. Kumar, S., Singh, AK., Kaur, M. and Sharma, A. The Prevalence of eating disorder among young girls and boys by using eating attitude Test (Eat-26). *International Journal of Physical Education, Sports and Health*. 2016; 3(5): 378- 381.
2. Sharma, A., Kumar, S., Jayaraman G. and Singh, SP. Comparison of oxygen saturation, pulmonary function and quality of life between hill and plain among COPD patients. *Int J Physiother*. 2016; 3(3), 346-350.
3. Sharma, A., Kumar, S., Jayaraman G. and Singh, SP. Comparison of Quality of Life between Hill and Plain among COPD Patients by using SF-36v2 Health Survey Questionnaire. *IJTRR* 2016; 5 (5): 215-219.
4. Kapoor, A., Jayaraman, G. and Kumar, S. Incidence of musculoskeletal pain and its related functional disability in geriatric urban and rural population of Patiala district. *International Journal of Physical Education, Sports and Health*. 2016; 3(6): 212-216.

2017

5. Kumar, S., Singh, AK., and Sharma, A. Prevalence of low back pain and its related functional disability in ex-servicemen of Indian army. *International Journal of Yoga, Physiotherapy and Physical Education*. 2017; 2(1): 01-04.
6. Kumar S, Singh AK, Singh S. The effectiveness of physiotherapy approaches in patients with Parkinsonism disease: a literature review. *Int J Health Sci Res*. 2017; 7(5):382-387.
7. Kumar, S., Armugam, N., & Gambhir, S. AN INTEGRATED EXERCISE APPROACH FOR SECONDARY LUMBAR SPINAL STENOSIS- A CASE REPORT. *International Journal of Physiotherapy*.2017; 4(4), 201-206.
8. Kumar, S. and Narkeesh A. Physiotherapeutic Challenges in Treatment of Lumbar Spinal Stenosis- A Review. *Research and Reviews: Journal of Neuroscience*. 2017; 7(2): 1-7.
9. Singh AK, Kumar S, Sharma A. Effect of Kinesiotaping Versus Static Orthosis for Pain and Functional Status in the Patients with Tennis Elbow. *Research & Reviews: Journal of Health Professions*. 2017; 7(2).
10. Kumar S, Narkeesh A. Effect of Integrated Exercise Protocol in Lumbar Spinal Stenosis as Compare with Conventional Physiotherapy- A Randomized Control Trial. *Int J Neurorehabilitation*. 2017; 4-6
11. Singh AK, Kumar S, Sharma A. A Comparison between Kinesiotaping and Tissue Specific Plantar Fascia Stretching Exercise Treatment in Planter Fasciitis. *Indian Journal of Physiotherapy and Occupational Therapy*. 2017; 11(4): 6-10.

2018

12. Mishra K, Akhtar Z, Singh AK *et al.* Pulmonary Function Status in Underweight Adults: A Literature Review. *Research & Reviews: A Journal of Health Professions*. 2018; 8(1): 6–12p.
13. Saurabh Kumar, Anand Kumar Singh, Sapna Dhiman. Focusing on Different Therapeutic Approaches in People with Stroke Rehabilitation: A Scoping Review of Literature. *Research and Reviews: Journal of Neuroscience*. 2018; 8(1): 21– 27p.
14. Saurabh Kumar, Anand Kumar Singh, Sapna Dhiman. Importance of Physical Therapy Approaches to Improve Quality of Living in Cancer Patient: A Review. *Research & Reviews: Journal of Oncology and Hematology*. 2018; 7(1):7– 15p

2019

15. Shveta Sharma, G Jayaraman, Saurabh Kumar. Prevalence of Functional Disability Due to Neck Pain and Back Pain among Microscope Users of Punjabi University Patiala, Punjab, India. *Journal of Clinical and Diagnostic Research*. 2019 Oct, Vol-13(10): YC01-YC04
16. Saurabh Kumar, Khushboo, Preeti Panwar, Somya Garg, Sheetal Kalra, Joginder Yadav. Translation and Cross-Cultural Adaptation of Spinal Cord Independence Measure version III in Hindi Language. *Annals of Indian Academy of Neurology*. 2019, **DOI:** 10.4103/aian.AIAN_240_19