

Faculty of Behavioural Sciences
CBCS UG Level
Emotional Intelligence 3rd Semester

Paper Code FBS-OE3

Marks: 100

Paper 1: Emotional Intelligence

Course Objective:

- To Understand varied concepts of Intelligence, critically evaluate IQ as a measure of success in life and
- To become aware of social and emotional intelligence as new avenues of achievement and happiness.

Course Outcome:

- To understand the concept of Intelligence, Social and Emotional Intelligence with their IQs.
- To understand the theories types and method of measuring Intelligence, Social and Emotional Intelligence
- Scientific Research findings on the importance of Social Intelligence (SI) and Emotional Intelligence (EI) and their implications in relationship, workplace settings and stress management.

A- Syllabus

Credit Distribution		
L	T	P
4	0	0

S No.	TOPIC	DOMAIN	HOURS
1	Introduction to intelligence – Meaning, types and theories: G factor, S factor, Multiple intelligence theory Concept of Intelligence Quotient (IQ), Criticisms of IQ as a measure of intelligence Measurement of Intelligence: Stanford–Binet Intelligence Scale, WAIS	Must to know	3 3 3
2	Social Intelligence Meaning of Social Intelligence (SI), Concept of Social Quotient (SQ), Scientific Research findings on the importance of SI Development of SI in early childhood and adolescence. Implications of Social Intelligence on adult-life, human relationships and leadership	Must know	4 2 4
3	Emotional Intelligence Meaning of Emotional Intelligence (EI), Theories of EI: Daniel Goleman; Scientific Research findings on the importance of EI Concept of Emotional Quotient (EQ);	Must know	3 3

	Measurement of EI, EQ-MAP, BarOn EQ-I; EQ and IQ Applications of EI in family, school and workplace settings; stress management through EI		3
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B- Curriculum

S No.	TOPIC	LEARNING OBJECTIVES	METHODOLOGY	TIME
1	Introduction to intelligence	To understand the concept, types and theories of Intelligence with description of factors of intelligence and Intelligence Quotient (IQ) and criticisms of IQ as a measure of intelligence some tests of measuring Intelligence will also studied.	Power Point presentation by teacher, SIS, FGD, Teacher's seminar	9 hrs.
2	Social Intelligence	To know the Meaning of Social Intelligence (SI), SI development, Implications and Scientific Research findings on the importance of SI with Social Quotient (SQ)	PowerPoint presentation by teacher, SIS, FGD	10 hrs.
3	Emotional Intelligence	To know the Meaning, Theories and measurement and application of Emotional Intelligence (EI) with Scientific Research findings on the importance of EI	Power Point presentation by teacher, SIS, FGD	9 hrs.

SUGGESTED READINGS:

1. Goleman, D. (1995). Emotional Intelligence. Why it can matter more than IQ. Bantam Books
2. Goleman, D. (2007). Social Intelligence. The new Science of human relationships. Bantam Books