

FACULTY OF BEHAVIOURAL SCIENCES

Department of Clinical Psychology

SGT University

Block-A GF

31st July 2017

COURSES/PROGRAM

Department of Clinical Psychology – 2013, FBS – 2014

- **B. Sc. CLINICAL PSYCHOLOGY**
Strength of Students:**4+8+17+30+18 (Total 2017: 65)**
- **B.A. (Hons.) PSYCHOLOGY: 01**

- **M. Sc. CLINICAL PSYCHOLOGY**
Strength of Students:**2+0+7+2 (Total 2017: 9)**

- **M. Phil in CLINICAL PSYCHOLOGY:**
Strength of Students: **06**

- **Ph. D CLINICAL PSYCHOLOGY**
Strength of Students:**2+1+1+7 (Total 2017: 11)**

- **P.G. DIPLOMA in GUIDANCE & COUNSELING: 02**
- **M.A in HUMAN RESOURCE DEVELOPMENT: NIL**
- **P.G. DIPLOMA in BEHAVIOURAL MEDICINE: NIL**



FACULTY MEMBERS

S. No.	Name	Designation
1.	Prof. (Dr.) Waheeda Khan, M. A., M.Phil, Ph.D.	Professor & Dean
2.	Dr. Naresh K. Chandel, M. A., M.Phil, Ph.D.	Professor & Head
3.	Dr. Rajbir Singh, M. A., M.Phil, Ph.D.	Professor
4.	Dr. Mustafa Nadeem Kirmani, M. A., M. Phil (Clinical Psychology, NIMHANS); NET; Ph.D	Associate Professor & Head, M.Phil Program
5.	Dr. Nudrat Jahan, M. A., Ph.D.	Assistant Professor
6.	Mr. Ved Prakash Maurya, M. A., M. Phil (Clinical Psychology, IHBAS); NET	Assistant Professor
7.	*Ms. Srishti Batra Lall, M. A., PGDGC	Lecturer
8.	*Ms. Dhanwanti Yadav, M. A.	Tutor
	* Qualifications not as per UGC	

FORMER FACULTY

- Dr. Sanjeev Gupta , M.A., Ph.D, stayed for two years, left for wife transfer
- Dr. Perna Sharma, M. A., M.Phil (Clinical Psychology)
Stayed for few months left for personal reasons
- Mr. Tarun Verma, M. A., M.Phil (Clinical Psycho), NET-
Stayed for two years left for Ph.D in DU
- Ms. Preeti Pandey, M. A., M. Phil (Clinical Psycho), NET
Stayed less than a year, left for family/personal reasons



Ph. D. PROGRAM

S. No	NAME OF STUDENT	TOPIC	REGISTRATION	SUPERVISOR
1.	Ms. Neha Dutt	“Parenting style and depression among Adolescents.”	9.7.2014	Dr. Nudrat Jahan
2.	Ms. Shubhangi Jain	“Moderating role of emotional maturity and social support in treatment outcome among women with conversion disorder.”	1.3.2016	Dr. Nudrat Jahan
3.	Mr. Imran Noraini Mushtaq	“Effectiveness of discrete trial teaching on cognitive development of children with developmental delays and Autism Spectrum Disorder.”	10.3.2016	Dr. Waheeda Khan
4.	Ms. Ashu Kumari	“ Effect of mindfulness intervention on resilience, coping response, and depression among orphan adolescence”	11.5.2017	Dr. Nudrat Jahan

RESEARCH / PUBLICATIONS (2016-17)

- One Research Project submitted in DST-in collaboration with IIT Mumbai
- Resrach Papers Published: 08
- Research Papers in Press: 03
- Research Papers Abstracted: 04
- Seminar/Conference Attended: 08
- Seminar/Conference Attended (International): 01
- Visits Abroad: 02
- Lectures Delivered: 03
- Membership Academic Committees/Journals: 10
- Awards/Honors: 04



DISSERTATION WORK (B.Sc III YEAR)

S.No	TITLE	STUDENT	SUPERVISOR
1.	Signature Strength, Life Satisfaction and Feeling of Loneliness among Medical and Non Medical Students	Ms. Srishti	Dr. Waheeda Khan
2.	Signature Strength and Effect of Postive and Negative emotions among Medical and Non-Medical Students	Ms. Shreya	Dr. Waheeda Khan
3.	Signature Strength and Resilience among Medical and Non-Medical Students	Ms. Meenakshi	Dr. Waheeda Khan
4.	Mental health and Signature Strength of College Students.	Ms. Deepmala	Dr. Waheeda Khan
5.	Coping strategies and General Health among the spouses of Alcholol use Disorder	Ms. Nikita	Dr. Nudrat Jahan
6.	Relationship between alcohol consumption and cognitive failure among male young adults.	Mr. Vishnu	Mr. Tarun Verma
7.	Stress and Ways of Coping among Medical and non-medical Students	Ms. Umang	Ms. Preeti Pandey
8.	Emotional Intelligence and Risk taking behaviour among cab drivers of Delhi-NCR region	Mr. Shubham	Dr. N. K. Chandel

MENTORING 2017


As mentors, faculty look after various issues and concerns of their mentees like academic, attendance, difficulty in study, time management, discipline, personal, peer group issues and family and other relevant problems.

S.No	MENTOR	BATCH	STUDENTS
1	Ms Nudrat Jahan	B.Sc. III Semsester	30
2	Ms. Srishti Batra Lall	B.Sc. V Semester	17
3	Mr. Ved Prakash	M..Sc. I & III Semester	10
3	Ms. Dhanwanti Yadav	B.Sc. I Semsester	18
4			

TRAINING AND PLACEMENT CENTRES

Placement / Clinical/Community Field Training

- SGT Medical Hospital, Gurgaon, Haryana
- Muskan Foundation , Dwarka, New Delhi
- Delhi Psychiatry Center, Preet Vihar, New Delhi
- Fortis Hospital, Okhla, New Delhi
- Santulan Clinic, Ramesh Nagar, New Delhi
- HCR Institute, Bijwasan, New Delhi
- Khushboo Welfare Society, Gurugram

- City Hospital, Gurugram
 - Max Hospital, New Delhi.
 - Lady Harding Hospital, Delhi
 - VIMHANS, New Delhi.
 - Sir Ganga Ram Hospital, New Delhi
 - Ram Manohar Lohiya Hospital, New Delhi.
 - Amar Jyoti, New Delhi
 - Resonate Psychological Services, Gurugram
 - Asharya Home, Gurugram
 - Cheshire Home Delhi
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EVENTS / VISITS (JULY 2016 - MAY 2017)

- 1. Expert lecture on 'Psycho-spiritual ways to deal stress', 30th July 2016**
- 2. 'Induction Program', 1st to 6th August 2016**
- 3. 'Fresher's Party', 30th September 2016**
- 4. 'World Suicide Prevention Day', 10th September 2016**
- 5. 'Teacher's Day' celebrations in the department, 5th September 2016**
- 6. 'Orientation Program' for New Batch, 9th September 2016**
- 7. 'Mental Health Week', 7th to 8th October 2016**
- 8. 'Nukkad Natak: Dekhi Andekhi', 21st October 2016**
- 9. Lecture on 'Dining Etiquettes: Learning Gentle Behavior', 27th October 2016**
- 10. Lecture on 'Building Life and Career' and 'Preparing research proposal', 3rd November 2016**
- 11. Workshop on 'Cognitive Assessment', 24th November 2016**
- 12. Workshop on 'Importance of Field Training in Clinical Psychology & Rehabilitation', 20th January 2017**
- 13. Expert Lecture on 'Cognitive Therapy as a Self- Help Tool for Daily Life', 3rd March 2017**
- 14. 'Essay writing & Poetry Recitation Competition' on International Women's Day, 8th March 2017**
- 15. 'Slogan Writing Competition' on the eve of World Health Day, 6th April 2017.**
- 16. Farewell Party on 12th May 2017**
- 17. Visit to 'Qutub Minar', 4th August 2016**
- 18. Educational Visit to 'Cheshire Home' Okhla, on 7th February 2017**
- 19. Educational Visit to 'National Brain Research Centre' (NBRC) Manesar, 1st march 2017**
- 20. Educational Visit to 'Savera' School for Mentally Challenged Children, Jhajjar, 21st March 2017**
- 21. Excursion trip to Kullu-Manali-Manikaran , 24th to 28th March 2017**

OTHER ACTIVITIES IN THE FACULTY

S.No	ACTIVITY	COORDINATORS
1.	Management of the Clinical Psychology OPD	Mr. Ved Prakash
2.	Syllabus/Curriculum /Pedagogy	Prof. Rajbir Singh Dr. Naresh K. Chandel
3.	Community Research Programme	Prof. Rajbir Singh
4.	Attendance and Student's Discipline	Dr. N. K. Chandel
5.	Time Table / Fees / Assessment	Ms. Dhanwanti Yadav
6.	Academic Calender/events/excursions	Dr. Nudrat Jahan



TEACHING PEDAGOGY

- Clinical and Field Training in hospital/community settings
- Project/dissertation/case study presentations
- Regular visits in community settings/ Budhera project
- Didactic lectures/practicum/ digital resources/ PBL.
- Interface with mental health experts/organizations/ hospitals/ observation homes/NGO's etc.
- Role playing, group discussion and Invited lectures
- Critical evaluation and monitoring of quality teaching
- Periodical assessment/feedback and training of teaching faculty.



SYLLABUS / CURRICULUM

- Syllabus revised and implemented in 2016-17
- New Syllabus/ Curriculum approved in BOS (11th May 2017) to be implemented in 2017-18 for B.Sc/B.A/M.Sc courses.
- New Pedagogy will be fully implemented in this Session.
- Faculty trained and implementation finalized (e.g. class time table issued on 17th July and details discussed in faculty meetings).
 - Problem based learning, Focused group discussion, Spot group discussion, Project based learning, Students seminar, Group/panel discussion, Case presentation will be used.
- Library resources to be upgraded in terms of recommended books/journals.



SYLLABUS / CURRICULUM CONTD...

- B. Sc. Clinical Psychology program is a six semester course (3 years program), with 2630 hours of teaching for the entire course. Out of the total hours, theory teaching (Papers) will be of 1472 hours and practical will be of 1158 hours. The teaching will be carried out on various papers (33 papers = 23 theory and 10 practicum).
- The students will be doing practical work in various service centers and laboratory. The theory teaching will be class room based knowledge acquisition of the subject matter, while practical exposure shall include laboratory and community settings

Marks scheme for the course

- The course carries a maximum of 4600 marks out of this 2300 are of theory and 2300 are of practical (practicum, field training, summer training and project).
- There will be FOUR qualifying Papers in all (two-English; one-Env; one-Gender studies)

SYLLABUS / CURRICULUM CONTD...

Heads	Semester-wise	Total Hours/Course
Project	128 Hours x 2	256 Hours
Field Training	128 Hours x 2	256 Hours
Summer Training	150 Hours	150 Hours
Practicum: Experiments & Testing	128 Hours x 2 + 64x3 + 48	496 Hours
Total Teaching Hours		1158 Hours



SYLLABUS / CURRICULUM CONTD...

The papers covered in 1st Semester will include:

1. Foundations of Human Behavior
2. Experiments in Psychology
3. Child Psychology
4. Schools of Psychology
5. Practicum
6. General English: Essentials of Communication

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 5papers	256 Hours	85
Practicum	128 Hours	43
Total Teaching Hours	384 Hours	128

The papers covered in 2nd Semester will include:

1. Cognitive Processes
2. Physiological Psychology
3. Measurement in Psychology
4. Adolescent Psychology
5. Practicum
6. General English: Communication Skills

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 5papers	256 Hours	85
Practicum	128 Hours	43
Total Teaching Hours	384 Hours	128

SYLLABUS / CURRICULUM CONTD...

The papers covered in 3rd Semester will include:

1. Social Psychology
2. Abnormal Psychology
3. Health Psychology
4. Basics of Personality
5. Practicum
6. Field Training
7. Environmental Science

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 5papers	256 Hours	85
Practicum	64 Hours	21
Field Training	128 Hours	43
Total Teaching Hours	448	149

The papers covered in 4th Semester will include:

1. Research Methods
 2. Statistics in Psychology
 3. Psychological Testing
 4. Industrial Psychology
 5. Practicum
 6. Field Training
 - . Gender Studies
- Commencement of Summer Training after the examinations

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 5papers	256 Hours	85
Practicum	64 Hours	21
Field Training	128 Hours	43
Total Teaching Hours	448 Hours	149

SYLLABUS / CURRICULUM CONTD...

The papers covered in 5th Semester will include:

1. Psychology of Ageing
2. Psychotherapeutic Interventions I
3. Guidance & Counseling
4. Neuropsychology
5. Practicum
6. Project
7. Summer Training

Evaluation of Summer Training, Commencement of Project work

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 4papers	192 Hours	85
Practicum	64 Hours	21
Project	128 Hours	43
Summer Training	150 Hours	50
Total Teaching Hours	534 Hours	199

The papers covered in 6th Semester will include:

1. Psychotherapeutic Interventions II
2. Integrated Psychological Interventions
3. Disability and Rehabilitation
4. Practicum
5. Project

Evaluation of Project work

Topic (Subject-wise)	Hours	Credit Hours
Modular teaching of 3papers	144 Hours	85
Practicum	48 Hours	16
Project	128 Hours	43
Total Teaching Hours	320 Hours	144
Overall Total	2630 Hours	877

SYLLABUS / CURRICULUM CONTD...

Professional/Clinical Training:

- Students shall acquire training in clinical settings, such as hospital, schools for mentally challenged, drug de-addiction centers, rehabilitation centers etc.
- Students shall participate in community settings – institutional, villages, slums etc.

Research Training:

- Project report is an essential part of the course, where the students will undertake a specific research oriented plan to have an understanding of the methodology and statistical analysis with required theoretical inputs for the analysis of data and its interpretation. The project will be undertaken in laboratory/ community settings/ clinical settings. The field training is also oriented to research where the students are supposed to prepare a report.

Summer Placement:

- Each student shall be placed in a psychiatric OPD/IPD or a center dealing with mentally challenged, drug addicts etc. for 2 months as decided by Dean of the Faculty with mutual understanding of the university and the internship institute. It shall be certified as well as evaluated after the completion of the program.



EVALUATION PROCEDURE

A) Summative Examination

- For each theory course there shall be two parts for evaluation:
Part-A (Descriptive) and Part-B (Objective) with 40 and 20 marks, respectively and the time will be 3 hours.
- Part A shall consist of 6 questions. All are compulsory. It will consist of one long essay question, five definition questions, five difference questions, one problem bases four questions, and five interpretation questions Thus total maximum marks for part A will be 40.
- Part B will consist of 40 objective types questions which will include 10 single reponse questions, 5 true/false, 5 assertion reasoning, 5 multiple response questions, 5 text/numerical questions, 5 matching type and 5 sequencing type questions. Thus total maximum marks for part B will be 20.

B) Formative Assessment

- Formative assessment in each paper shall have the following distribution:
- 1) Attendance = 10%
- 2) Mid-term class test = 30%
- 3) Participation in student seminar = 20%
- 4) Participation in FGD/SGD/Panel discussion = 20%
- 5) Participation in Problem/Project based Assignment = 20%
- The concerned teacher shall make continual assessment weekly over the content covered during the week and also shall have record of the same.
- It shall be displayed monthly and finally cumulatively before the start of the semester examination.

EVALUATION PROCEDURE CONTD...

C) Practical Examination

- Practical examination in all semesters will have the following distribution:
- 1) Experimental performance= 40% marks
- 2) Viva Voce= 40% marks
- 3) Laboratory work report = 20% marks

The formative assessment will be as that of theory paper (Mentioned in B above).

D) Summer Training

- The two months summer training starting soon after the 4thsemester examination shall be undertaken by every candidate in an institute/hospital/clinic/NGO/industry/service center to be allocated by the Dean of the Faculty. It shall be a supervised training with a professional who will certify the attendance and evaluate the training. Every candidate will submit a report which shall be evaluated through viva voce by the department during the 5thsemester. It shall be equal to 200 marks out of which the component of institutional supervisor will be 50 marks, report writing with internal supervisor of 50 marks and 100 marks for viva voce examination to be evaluated by a joint board of internal and external examiners.

E) Field Training and Project Examination

- Evaluation of project in semester VI will be out of 200 marks. The viva-voce examination of 50 marks and report writing of 50 marks to be evaluated by a joint board of internal & external examiner. Whereas 100 marks of formative assessment will be on the basis of the presentation of the synopsis and pre-submission presentation of the report in the department (to be evaluated by the supervisor and the Dean of the Faculty).
- Evaluation of the field training will be out of 200 marks. Further, the evaluation of formative assessment of field training shall also be based on the presentation, case reports and log sheets of training of 100 marks whereas the evaluation of 100 marks shall be based on viva voce and reports adjudged by the joint board of external and internal examiners.

THANK YOU

